

List of References for Bullying Presentation

[Go to end of document for QR Code to download this document](#)

- [Google search](#)
- [Charlotte-Australian girl suicide and she asked parents to use her example to help others](#)
- [Bullying in Spain's Schools](#)
- [Social Media Dangers Documentary – Childhood 2.0](#)
- [Here's how cyberbullying is linked to teen suicides](#)
- [Hannah-British teen suicide](#)
- [Emily-US teen suicide-father activist working with Congress](#)
- [Dark Cloud](#)
- [Impact of Social Media on Youth Health](#)
- [Heartbreaking Story](#)
- [US Government Site for Stopping bullying](#)
- [Australian 60 Minutes Charlotte's Wish \(20 minutes\)](#)
- [CBS Eye on America \(5:41\) – parental involvement with kids to prevent suicide](#)
- [How Cyberbullying Leads to Suicide \(2:13\)](#)
- [News 5 Investigates – Bullied to Death \(5:01\)](#)
- [Our Turn to Talk \(3:15\) – Instagram addiction as told by addicted teen – algorithms and testimony to congress](#)
- [CBS Evening News – Screen Time Impact on Youth Mental Health \(3:10\) phones at night](#)

Statistics

- Suicide is at a 40 year high for young women¹
- Suicide is 2nd Leading Cause of Death for both genders 15-24 years old²
- CDC 2021 reports significant declines in youth mental health, especially increased suicide risk especially in girls³
- Bright Defense⁴
 - 92% of young people age 15-24 use the internet
 - 40.5% of 18-25 ear-olds report being cyberbullied
 - Cyberbullying reported cross platforms
 - Instagram (owned by Facebook) – 29.8%
 - Facebook – 26.2%
 - SnapChat – 22.0%
 - WhatsApp – 8.5%
 - YouTube – 7.1%
 - X (formerly Twitter) – 6.4%
 - Cyberbullying victims were 2.5 times more likely to use marijuana and Binge drink
 - 37% faced social anxiety
 - 36% faced depression
 - 24% considered suicide
 - 23% self-harmed
 - Legal Implications
 - 48 states include cyber bullying and anti-bullying statutes
 - 45 states allow criminal sanctions
 - 46 states allow school sanctions
 - 49 states require school bullying policies
 - 28 States cover off campus conduct
 - Parental Concern
 - Of the countries studied, Singapore at 49% was the highest percentage of parents concerned about their children being cyber bullied, and Brazil was the lowest at 28%. The United States ranked at 40%.

Social Media and Cyberbullying References for Parents

- [US Government Site for Stopping bullying](#)
 - Learn what cyber bullying is, how to prevent it, and how to respond to it if you or someone you know is experiencing cyber bullying.
 - Sometimes bullying overlaps with discriminatory harassment, which is covered under federal civil rights laws. Learn more about your civil rights.
 - School staff can prevent bullying by establishing and enforcing rules and policies that clearly describe how students are expected to treat each other.
 - Are you being bullied? Do you see bullying at your school? There are things you can do to keep yourself and the kids you know safe from bullying.
- [Organization for Social Media Safety](#)
 - Focuses on school programs, foster youth, and technology development to protect against risks like cyberbullying and harassment.
- [Common Sense Media](#)
 - Provides extensive, trusted ratings and reviews on apps, games, and social media platforms, along with advice for parents on navigating digital challenges.
- [Family Online Safety Institute](#)
 - Promotes a "good digital parenting" approach, providing toolkits, safety agreements, and policy initiatives to make the internet safer.
- [Parents for Safe Online Spaces \(ParentsSOS\)](#)
 - A group of grieving parents advocating for legislation like the Kids Online Safety Act (KOSA) to hold tech companies accountable.
- [Fairplay for Kids](#)
 - A non-profit dedicated to ending marketing practices that exploit children and protecting their well-being.
- [HHS.gov - Social Media and Youth Mental Health](#)
 - Provides guidance on the mental health effects of social media and tools for creating a family media plan.

Monitoring Software for Children's Electronic Devices

- [10 Best Parental Control App Providers – Consumers Advocate](#)

US Congressional Acts for Child Online Safety

- **Currently in Process**
 - [S.1748 - Kids Online Safety Act](#)
 - [H.R.6289 - Promoting a Safe Internet for Minors Act](#)
 - [S.1291 - Protecting Kids on Social Media Act](#)
- **Already Enacted**
 - [Children's Internet Protection Act \(CIPA\)](#)
 - [Children's Online Privacy Protection Rule \("COPPA"\)](#)
- **How Do I Contact My Senators and Representative**
 - [US Congress site](#)



 **Link to this document.** 

<https://www.cm-assoc.com/resources/Bullying-Links.pdf>

End Notes

¹ [CBS Eye on America](#)

² [CBS Eye on America](#)

³ [How Cyberbullying Leads to Suicide](#)

⁴ [Bright Defense 2026 Statistics](#)